

## Onion soup roast

3 lb seven bone roast

350 deg

1 pkg onion soup mix

1 8 oz can tomato sauce

Place roast in foil lined pan. poke roast with fork on both sides. Sprinkle with soup mix. Pour tomato sauce on top. Add about  $\frac{1}{4}$  -  $\frac{1}{2}$  C water to pan. cover and bake 2 hours. Can add cut up potatoes and carrots around the roast.