

# Croquettes

1 ½ lbs potato, about 3 or 4 med.  
1 lb ground chicken or hamburger  
4 T. shoyu  
3 T. sugar  
¼ tsp powdered ginger  
1 T. cornstarch  
Flour  
2 eggs, beaten, with a little milk added  
Panko

Boil and mash potatoes. Brown the meat with shoyu, sugar and ginger in a pan. Add cornstarch. Stir into mashed potatoes. Form into patties or balls. Coat with flour, egg and panko. Fry until golden brown and drain on paper towels.