

Age Sushi

from bachan

1/3 C. shoyu
3/4 C. sugar
2 C. miso dashi (or water)
3 T. sake
1/2 tsp salt
2 dozen age, cut in half

Boil age in large pot of water 10 min. rinse and drain. Combine all ingredients except age, cook until sugar is dissolved. Add age, cook 30-34 min. Drain and stuff with rice.

5 C rice, cooked
1 C. vinegar
1/8 C. water
2 tsp salt
1/3 C sugar

Boil vinegar, water, salt and sugar until sugar dissolves. Cool then mix with rice.